



LUNCH
ALMOND

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad
Melon with cured ham
Asparagus with salmon and micro vegetables
Tuna salad with green bean and potato salad
Chef's salad
Algarvian salad with cottage cheese
Eggs 'mayonnaise
Corn, olives and pickles
Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Cream of vegetable soup
Salmon with asparagus tips and cherry tomato
Grilled pork steaks with herbal olive oil
Turkey and sautéed vegetables with pineapple
Beef gratin lasagne
Quinoa with vegetables and dried fruits
White bean with sautéed vegetables
Pasta of the day carbonara
Sautéed pasta
Snacks of the day
Carrot rice
Plain rice
Sautéed brussels sprouts
Variety of vegetables
French fries
Parisian potato

SHOW COOKING

Daily pizza selection

DESSERT

Assortment of desserts
Chocolate and strawberry ice cream
Fruit of the season
Sliced fruit

PLEASE LET US KNOW IF YOU HAVE ANY DIETARY REQUIREMENTS

VAT Included. Complaints Book available.
No food or drink can be charged
if not request by the client.
Allergen information available.



LUNCH

LOCUST TREE

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad
Selection of pates with exotic fruits
Cold asparagus
Seafood salad with fruits
Chef's salad
Russian salad with eggs
Quinoa salad with pea, corn and cottage cheese
Fresh leaves salad, dried fruit and blue cheese
Corn, olives and pickles
Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Countryside Soup
Grilled golden bream fillet
Roast turkey with mushrooms
Grilled beef scallops
Beef burgers
Pasta with vegetables and tofu gratin
Sautéed pasta with pesto
Sautéed pasta
Black-eyed peas with cabbage, zucchini and dried fruits
Plain rice
Stewed Carrot with mint
Seasonal vegetables
Boiled potatoes
French fries
Snacks of the day

SHOW COOKING

Daily pizza selection

DESSERT

Assortment of desserts
Chocolate and strawberry ice cream
Fruit of the season
Sliced fruit

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LUNCH ORANGE

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad
Mussel with vinaigrette sauce
Cold cuts dish
Eggs` mayonnaise
Cabbage Salad, carrot and sultana
Chef's salad
Chickpea salad with tuna and coriander
Pasta with cold meat
Corn, olives and pickles
Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Carrot and watercress soup
Fillet of plaice with vegetables and saffron sauce
Meat pie
Grilled turkey steak with herbal olive oil
Pork escalopes with mustard sauce
Stewed bean with vegetables
Pasta gratin with cheese
Sautéed pasta
Mushrooms Brás style
Rice with peas
Plain rice
Sautéed vegetables with seitan and sunflower seeds
Selection of seasonal vegetables
Potato wedges with herbs
French fries
Snacks of the day

SHOW COOKING

Daily pizza selection

DESSERT

Assortment of desserts
Chocolate and strawberry ice cream
Fruit of the season
Sliced fruit

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LUNCH FIG

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad
Tinned mackerel fillets
Vegetarian tacos with avocado, tomato, red onion and coriander
Cous-cous salad with vegetables and dried fruits
Mozzarella cheese with tomato and pesto
Chef's salad
Eggs with lettuce and cocktail sauce
Chicken salad with leaves and feta cheese
Corn, olives and pickles
Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Vegetable Julienne soup
Grilled sea bass fillet
Sautéed chicken escalopes with ham and mushroom sauce
Beef with pepper sauce
Meatballs in tomato sauce
Gnocchi with tomato sauce and spinach au gratin
Sautéed pasta with cream sauce and mushrooms
Sautéed pasta
Snacks of the day
Plain rice
Sautéed vegetables with bacon
White beans with vegetables
Seasonal vegetables
Boiled potatoes
French fries

SHOW COOKING

Daily pizza selection

DESSERT

Assortment of desserts
Chocolate and strawberry ice cream
Fruit of the season
Sliced fruit

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LUNCH OLIVE

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad
Melon with Smoked ham
Wraps with lettuce julienne and prawn mayonnaise
Tuna salad with peppers and onions in julienne
Chef's salad
Potato salad with shrimp and mayonnaise
Caesar salad with chicken
Tomato with cottage cheese, olives and mango
Corn, olives and pickles
Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Carrot cream with julienne courgette
Gratin perch with spinach
Grilled veal with herbal olive oil
Grilled pork tenderloin
Diced tuna sautéed with vegetables and coriander sauce
Chilli with meat
Cheese and spinach ravioli in cream tomato sauce
Snacks of the day
Plain rice
Cauliflower gratin
Bulgur with roasted vegetables and scrambled egg
Sautéed pasta
Seasonal vegetables
Roast potatoes
French fries

SHOW COOKING

Daily pizza selection

DESSERT

Assortment of desserts
Chocolate and strawberry ice cream
Seasonal fruit
Sliced fruit

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LUNCH PINE

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad

Pate with fruits

Fish Mayonnaise

Rice salad with cold meat and vegetables

Chef's salad

Apple salad with cheese, ham and nuts

Black-eyed peas salad with tuna and eggs

Corn, olives and pickles

Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Chickpea soup with spinach

Grilled golden bream

Marinated mackerel fillet

Mixed Grilled Meats

Beef steaks with pepper sauce

Vegetables with seitan and sesame seeds

Carbonara pasta

Pasta with tomato concassé sauce

Saffron rice

Plain rice

Stewed cabbage with soy sausages

Assorted vegetables

Sautéed potatoes with herbal olive oil

French fries

Snacks of the day

SHOW COOKING

Daily Pizza Selection

DESSERT

Assortment of desserts

Chocolate and strawberry ice cream

Fruit of the season

Sliced fruit

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LUNCH

PAELLA & BBQ

SIMPLE AND COMPOSED SALADS & MORE

Lettuce, carrot, beetroot, cucumber, onion and tomato salad

Gazpacho (tomato, green peppers and onion cold soup)

Algarvian salad

Potato salad with mayonnaise

Greek salad

Cous-cous salad with chickpeas and roasted courgetti

Shrimp Caesar salad

Leaf salad with crab sticks julienne

Corn, olives and pickles

Sauces: Vinaigrette, Cocktail and Caesar

HOT MAIN COURSES

Vegetable cream soup

Meat and seafood paella

Grilled Fish of the day

Grilled pork ribs

Grilled chicken

Grilled beefburger

Grilled sausages

Vegetable stew with chickpeas

Baked potato

French fries

Plain rice

Sautéed pasta with vegetables and soya sausages

Pasta with bolognese sauce

Broccoli with corn

Assortment of vegetables

Fishfingers

Chicken nuggets

DESSERT

Assortment of desserts

Chocolate and strawberry ice cream

Fruit of the season

Sliced fruit

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